

Neighbours Every Day

Create • Share • Grow • Belonging
Sunday 30 March 2025



What is Neighbour Day?

Neighbour Day is Australia's annual celebration of community on the last Sunday in March – 30 March 2025! It's a call-to-action for everyone to connect with their community in their own way.

Research shows community connections increase belonging, improve well-being, reduce loneliness, and boost resilience.

The theme for 2025 is **Create, Share, Grow Belonging** – encouraging daily actions to foster social connections. We challenge you to go beyond creating and sharing belonging – let's grow it together. We have created belonging for ourselves and others; shared through inclusion and connection; now it's time to grow through empathy and compassion.

By practicing empathy, embracing diversity, and fostering inclusive spaces, we can build lasting, respectful relationships that enrich all our lives. Join us in transforming our communities, one connection at a time, every day of the year. Visit neighbourseveryday.org for more information and resources.

Ideas to Create, Share and Grow Belonging

- Host a BBQ with neighbours
- Plan a 'bring a plate' street party
- Organise a game of anything on the local oval
- Have a party on your front lawn
- Meet for afternoon tea in the back paddock
- Enjoy a neighbourhood picnic in your favourite park
- Grab some takeaway coffees and invite your neighbour for a local walk and talk
- Or simply have a cup of tea or a chat with a new or old neighbour.

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